

THE
MOUNT SINAI HOSPITAL
SCHOOL OF NURSING

NEW YORK CITY



THE MOUNT SINAI HOSPITAL SCHOOL OF NURSING

REGISTERED BY THE STATE BOARD OF REGENTS
OF THE STATE OF NEW YORK

§

Announcement

§

NO. 5 EAST 98TH STREET
NEW YORK CITY
1937



Fifth Avenue View of the Hospital from Central Park

TABLE OF CONTENTS

	PAGE
Officers and Directors of School of Nursing	6
Medical Staff Lecturers	7
Officers of Administration and Instruction	9
History and General Statement	19
Description of Residence	20
Scholarships and Special Endowment Funds	23
General Information	27
Health Regulations and Health Service	35
Student Activities and Social Advantages	37
Educational Facilities	39
The Curriculum	41
Description of Courses	47
Advantages of the Nursing Profession	54
Alumnae Association	55
Special Advice to Candidates	56



School of Nursing—Front View



Rear of School of Nursing Showing Tennis Courts

THE MOUNT SINAI HOSPITAL

OFFICERS AND DIRECTORS OF THE MOUNT SINAI
HOSPITAL SCHOOL OF NURSING

HUGO BLUMENTHAL	<i>President</i>
ALFRED L. ROSE	<i>Vice-President</i>
W. D. SCHOLLE	<i>Treasurer</i>
EDWIN M. BEROLZHEIMER	<i>Secretary</i>

DIRECTORS

GEORGE BLUMENTHAL	ERNST ROSENFELD
WALDEMAR KOPS	EDWIN M. BEROLZHEIMER
HUGO BLUMENTHAL	W. D. SCHOLLE
ALFRED L. ROSE	PAUL M. ROSENTHAL
	CARL H. PFORZHEIMER, JR.

MEDICAL COMMITTEE

RICHARD LEWISOHN, M.D., <i>Chairman</i>	
BELA SCHICK, M.D.	DAVID BECK, M.D.

PHYSICIANS TO THE SCHOOL

DAVID BECK, M.D., <i>Consultant</i>	
SOLON BERNSTEIN, M.D.	BENJAMIN ELIASOPH, M.D.

SURGEON TO THE SCHOOL

PERCY KLINGENSTEIN, M.D.

DIRECTOR OF THE HOSPITAL

JOSEPH TURNER, M.D.

PRINCIPAL OF THE SCHOOL OF NURSING AND
SUPERINTENDENT OF NURSES

GRACE A. WARMAN, B.S., M.A., R.N.

SCHOOL OF NURSING

SPECIAL LECTURERS TO THE
SCHOOL OF NURSING

<i>Subject</i>	<i>Lecturer</i>
<i>Medicine</i>	BENJAMIN ELIASOPH, M.D. ELMER GAIS, M.D.
<i>Surgery</i>	LEO EDELMAN, M.D. WILLIAM H. MENCHER, M.D.
<i>Gynecology</i>	JULES SALMON, M.D.
<i>Psychiatry and Mental Hygiene</i>	IRA S. WILE, M.D. SAMUEL ORGEL, M.D. P. GOOLKER, M.D.
<i>Pediatrics</i>	BELA SCHICK, M.D. SAMUEL KARELITZ, M.D. JEROME KOHN, M.D.
<i>Contagion</i>	ALFRED FISCHER, M.D.
<i>Laryngology</i>	RUDOLPH KRAMER, M.D. IRVING B. GOLDMAN, M.D.
<i>Otology</i>	ISIDORE FRIESNER, M.D. SAMUEL ROSEN, M.D.
<i>Ophthalmology</i>	KAUFMAN SCHLIVEK, M.D. ISADORE GOLDSTEIN, M.D. ROBERT K. LAMBERT, M.D.
<i>Dermatology</i>	ISADORE ROSEN, M.D. MAX SCHEER, M.D.
<i>Public Health</i>	JOHN OBERWAGER, M.D.
<i>Pathology</i>	COLEMAN RABIN, M.D.



Recreation and Assembly Hall

OFFICERS OF ADMINISTRATION AND INSTRUCTION

GRACE ANNE WARMAN, B.S., M.A., R.N.

Principal of School of Nursing and Superintendent of Nurses.

Diploma in Nursing, Presbyterian Hospital School of Nursing, New York City, 1917; B.S., Teachers College, Columbia University, New York City, 1933; M.A., Teachers College, Columbia University, New York City, 1936; Professional Diploma, Principal of School of Nursing and Director of Nursing Service, Teachers College, Columbia University, New York City, 1936; Head Nurse, Presbyterian Hospital, New York City, 1918; Army Nurse Corps, Head Nurse, General Hospital No. 1, New York City, 1918-19; Supervisor and Instructor, New York Nursery and Child's Hospital, 1920-23; Superintendent of Nurses, *ibid.*, 1923-32; Superintendent of Hospital and Superintendent of Nurses, *ibid.*, 1932-35; Lecturer, Teachers College, Columbia University, New York City, Summer, 1933; Principal of School of Nursing and Superintendent of Nurses, Mount Sinai Hospital, New York City, 1935—.

CLAIRE H. FAVREAU, B.S., R.N.

Assistant Principal of School of Nursing.

Diploma in Nursing, Massachusetts General Hospital Training School for Nurses, Boston, Mass., 1926; B.S., Teachers College, Columbia University, New York City, 1935; Head Nurse, Massachusetts General Hospital, 1926; Supervisor, Massachusetts General Hospital, Summers 1930 and 1934; Office Nurse, Boston, Mass., 1927-28; Assistant Principal, St. Mark's Hospital School of Nursing, New York City, 1928-30; Acting Principal of School and Superintendent of Nurses, Physician's Hospital, Plattsburg, N. Y., 1931-32; Assistant to Principal in Medical Nursing, Grace Hospital, New Haven, Conn., 1932-33; Assistant Principal, Mount Sinai Hospital School of Nursing, New York City, 1935—.

MINNIE H. STRUTHERS, R.N.

Assistant Superintendent of Nurses.

Diploma, Oak Hill Normal School for Teachers, 1916; Instructor, Public Schools, Oak Hill, W. Va. 1916-20; Instructor, Public Schools, Tarentum, Pa., 1920-1929; University of West Virginia, Summer, 1918; University of Pittsburgh, 1924; Diploma in Nursing, Mount Sinai Hospital School of Nursing, New York City, 1932; Teachers College, Part-time student, 1932-36; Full time student, *ibid.*, 1937 Spring; Assistant Instructor, Nursing Arts, Mount Sinai Hospital School of Nursing, New York City, 1932-33; Head Nurse, Mount Sinai Hospital, 1933; Instructor of Nursing Arts, Mount Sinai Hospital School of Nursing, New York City, 1934-35; Assistant Superintendent of Nurses, *ibid.*, 1935—.

THE MOUNT SINAI HOSPITAL

*LILIAN LEESON, A.B., R.N.

Educational Director.

Albion College, Albion, Mich., 1916-18; Diploma in Nursing, Farrand Training School, Harper Hospital, Detroit, Mich., 1921; A.B., University of Michigan, 1925; Principal, School of Nursing, Bronson Hospital, Kalamazoo, Mich., 1921-24; Educational Director, White Cross Hospital, Columbus, Ohio, 1925-27; Instructor in Nursing, Grand Rapids Junior College, Grand Rapids, Mich., 1927-32; Educational Director, Mount Sinai Hospital School of Nursing, New York City, 1932—.

ELIZABETH A. FITZPATRICK, R.N.

Instructor of Nursing Arts.

Diploma in Nursing, Mount Sinai Hospital School of Nursing, 1921; Part-time student, Teachers College, Columbia University, New York City, 1930-37; Private Duty, 1922-24; Staff Nurse, Fifth Avenue Hospital, New York City, 1924-25; Assistant Night Supervisor, *ibid.*, 1925; Head Night Supervisor, *ibid.*, 1926-27; Private Duty and Camp Nurse, 1927; Office Nurse, New York City, 1927-29; Charge Nurse, Park West Hospital, New York City, 1929; Staff Nurse, Teachers College Infirmary, New York City, 1930-34; Medical Ward Instructor, Mount Sinai Hospital School of Nursing, New York City, 1934-35; Instructor of Nursing Arts., *ibid.*, 1935—.

BESSIE I. WOLFSON, B.A., R.N.

Assistant Instructor of Nursing Arts.

B.A., Pennsylvania State College, 1929; Diploma in Nursing, Mount Sinai Hospital School of Nursing, New York City, 1934; Part-time student, Teachers College, Columbia University, New York City, 1935-37; Staff Nurse, Mount Sinai Hospital, New York City, 1934-35; Junior Assistant Instructor of Nursing Arts, Mount Sinai Hospital School of Nursing, New York City, 1935; Assistant Instructor of Nursing Arts, *ibid.*, 1936—.

MARY NELL BALLENGER, A.B., R.N.

Assistant Instructor of Nursing Arts.

A.B., Arkansas State Teachers College, 1930; Diploma in Nursing, Mount Sinai Hospital School of Nursing, New York City, 1935; Part-time student, Teachers College, Columbia University, New York City, 1936-37; Staff Nurse and Head Nurse, Mount Sinai Hospital, 1935; Junior Assistant Instructor of Nursing Arts, Mount Sinai Hospital School of Nursing, New York City, 1936—.

* Full-Time Instructors listed First.

SCHOOL OF NURSING

BEATRICE H. CANE, B.S., R.N.

Instructor in Science.

Certificate, Teacher Training School, Springfield, Vt., 1923; Diploma in Nursing, New England Deaconess Hospital School of Nursing, Boston, Mass., 1927; B.S., Teachers College, Columbia University, New York City, 1935; Head Nurse, New England Deaconess Hospital, Boston, Mass., 1927-28; Instructor in Theory, New England Deaconess Hospital, Boston, Mass., 1928-33; Science Instructor, Mount Sinai Hospital School of Nursing, New York City, 1935—.

SARAH ELIZABETH CLANTON, R.N.

Instructor in Science.

Diploma, Teachers College, East Radford, Va., 1925; Teacher, Primary Grades, Bassett, Va., 1925-26; *ibid.*, Stuart, Va., 1926-27; Diploma in Nursing, Mount Sinai Hospital School of Nursing, New York City, 1931; Part-time student, Teachers College, Columbia University, New York City, 1932-37; Head Nurse, Mount Sinai Hospital, New York City, 1931-32; Assistant Instructor in Nursing Arts, Mount Sinai Hospital School of Nursing, New York City, 1932-33; Ward Instructor, *ibid.*, 1933; Instructor in Science, *ibid.*, 1934—.

MYRTLE WEINSTEIN, B.S.

Instructor in Nutrition and Diet Therapy.

B.S., Wisconsin University, Madison, Wis., 1935; Post-graduate course in Dietetics, Montefiore Hospital, New York City, 1936; Dietitian, Mount Sinai Hospital, 1936; Instructor in Nutrition and Diet Therapy, Mount Sinai Hospital School of Nursing, New York City, 1936—.

MITHYLDE J. REICH, R.N.

Surgical Ward Instructor.

Diploma, New Haven State Normal School, New Haven, Conn., 1926; Summer Normal School, New Haven, Conn., 1926; Teacher, Lebanon Schools, Lebanon, Conn., 1926-27; Teacher, William Wirt Winchester Hospital, West Haven, Conn., 1928; Diploma in Nursing, Mount Sinai Hospital School of Nursing, New York City, 1931; Part-time student, Teachers College, Columbia University, New York City, 1933-37; Head Nurse, Mount Sinai Hospital, New York City, 1931-34; Surgical Ward Instructor, Mount Sinai Hospital School of Nursing, New York City, 1934—.

THE MOUNT SINAI HOSPITAL

CECELIA LATTIMER, R.N.

Medical Ward Instructor.

Diploma in Nursing, Mount Sinai Hospital School of Nursing, New York City, 1934; St. Elizabeth College, Convent Station, N. J., 1929-30; Part-time student, Teachers College, Columbia University, New York City, 1935-37; Head Nurse, Mount Sinai Hospital, New York City, 1934; Medical Ward Instructor Mount Sinai Hospital School of Nursing, New York City, 1935—.

MARGARET BOYER, PH. B.

Instructor in Massage.

Ph. B., Denison University, Denison, O., 1915; Instructor, Public Schools, Bethel Township, Pa., 1916-17; Diploma, New York City Hospital, 1920; Instructor, Henry Street Settlement, 1921; Diploma, New York School of Physiotherapy 1923; Instructor, Massage, Mount Sinai Hospital School of Nursing, New York City, 1928—.

MAY M. SLATOR, R.N.

Supervisor, Out-patient Department.

Diploma in Nursing, Mount Sinai Hospital School of Nursing, New York City, 1906; Part-time student, Teachers College, Columbia University, New York City, 1910-11; Head Nurse, Mount Sinai Hospital, New York City, 1906-08; Night Supervisor, Mount Sinai Hospital, 1908-10; Instructor and Assistant Superintendent of Nurses, Lebanon Hospital, N. Y. C., 1911-12; Supervisor, Out-patient Department, Mount Sinai Hospital, New York City, 1913—.

MARY R. ERWIN, R.N.

Supervisor, Private Pavilion.

Diploma in Nursing, Mount Sinai Hospital School of Nursing, New York City, 1909; Head Nurse, Mount Sinai Hospital, 1914-15; Supervisor and Instructor in Operating Room Technique, Mount Sinai Hospital, 1915-17; Supervisor, Private Pavilion, *ibid.*, 1919—.

EDITH G. RYAN, R.N.

Supervisor, Semi-Private Pavilion

Diploma in Nursing, Mount Sinai Hospital School of Nursing, New York City, 1916; Head Nurse, Mount Sinai Hospital, New York City, 1917-19; Supervisor, Surgical Pavilion, *ibid.*, 1919-31; Supervisor, Semi-Private Pavilion, *ibid.*, 1931—.

SCHOOL OF NURSING

CORA BALL, R.N.

Supervisor, Pediatric Pavilion and Assistant Instructor in Pediatrics

Diploma in Nursing, Mount Sinai Hospital School of Nursing, New York City, 1914; Head Nurse, Mount Sinai Hospital, New York City, 1914-16; Supervisor, Pediatric Department, *ibid.*, 1916-17; Overseas, Mount Sinai Hospital Unit, 1917-19; Pediatric Supervisor and Assistant Instructor in Pediatrics, Mount Sinai Hospital School of Nursing, New York City, 1919—.

LOTTIE M. PHILLIPS, R.N.

Supervisor, Surgical Pavilion.

Diploma in Nursing, Mount Sinai Hospital School of Nursing, New York City, 1932; Part-time student, Teachers College, Columbia University, New York City, 1933-37; Staff Nurse, Willard Parker Hospital, New York City, 1932; Head Nurse, *ibid.*, 1933; Teaching Supervisor, *ibid.*, 1933-35; Surgical Supervisor, Mount Sinai Hospital, New York City, 1935—.

CLARE M. SKALING, R.N.

Supervisor, Medical Pavilion.

Diploma in Nursing, Mount Sinai Hospital School of Nursing, New York City, 1931; Part-time student, Teachers College, Columbia University, New York City, 1932-37; Head Nurse, Mount Sinai Hospital, New York City, 1931-33; Ward Instructor, Mount Sinai Hospital School of Nursing, New York City, 1933; Assistant Instructor of Nursing Arts, *ibid.*, 1934-35; Medical Supervisor, Mount Sinai Hospital, New York City, 1936—.

RUTH GOEBEL, R.N.

Night Supervisor.

Diploma in Nursing, Mount Sinai Hospital School of Nursing, New York City, 1931; Part-time student, Teachers College, Columbia University, New York City, 1936-37; Operating Room Nurse, Private Pavilion, Mount Sinai Hospital, 1931-33; Supervisor, Medical Pavilion, *ibid.*, 1933-36; Night Supervisor, *ibid.*, 1936—.

KATHERINE LEACH, A.B., R.N.

Supervisor, Operating Rooms.

A.B., Brown University, Providence, R. I., 1924; Diploma in Nursing, Presbyterian Hospital School of Nursing, New York City, 1927; Assistant Head Nurse, Presbyterian Hospital, New York City, 1927; Head Nurse, New Haven Hospital, and Assistant Instructor, Yale University School of Nursing, 1927-28; Operating Room Staff Nurse, New Haven Hospital, 1928-31; Assistant Instructor, Yale University School of Nursing, 1930-31; Operating Room Supervisor, King County Hospital, Seattle, Wash., and Instructor, Washington University School of Nursing, Harborview Division, 1931-36; Operating Room Supervisor, Mount Sinai Hospital, New York City, 1936—.



Entrance to Student Nurses' Dining Room

SCHOOL OF NURSING

MARION CROZIER, M.A.

Supervisor of Physical Education.

M.A., Teachers College, Columbia University, New York City, 1927; B.A., Smith College, Northampton, Mass., 1910; Post-graduate Credit in Physical Education and Hygiene, Wellesley College, 1917-18; Certificate in Physiotherapy, Harvard Medical School, 1926; Director of Dance Department, Central School of Physical Education, New York City, 1919-26; Supervisor of Physical Education, Mount Sinai Hospital School of Nursing, New York City, 1928—.

FANNIE LISSAUER MENDELSON, B.S., R.N.

Director, Social Service Department.

Diploma in Nursing, Mount Sinai Hospital School of Nursing, New York City, 1913; B.S., Columbia University, New York City, 1918; Social Service Worker, Mount Sinai Hospital, 1920-22; Assistant to Executive Secretary, Hospital Social Service Association, 1922-23; Director of Social Service, Mount Sinai Hospital, New York City, 1923—.

ADELINE WOOD, B.S.

Supervising Dietitian

B.S., University of Illinois, 1916; Special lecturer on Institutional Management, Pratt Institute, 1933-36; Special lecturer on Institutional Management, Teachers College, Columbia University, New York City, 1930-37; Dietitian, St. Luke's Hospital, Chicago, Ill., 1917-19; Dietitian, University Hospital, Omaha, Neb., 1920; Dietitian, Walter Reed Hospital, Washington, D. C., 1921; Lunch Manager, Schrafft's, New York City, 1922-25; Supervisor of Dietetics, Mount Sinai Hospital, New York City, 1925—.

THE MOUNT SINAI HOSPITAL

HEAD NURSES—MEDICAL

ANN DURKIN, R.N.
HARLEY SAVAGE, R.N.
DORIS BLOOM, R.N.
RUTH SPINK, R.N.

ALICE KISSANE, R.N.
ELIZABETH KEOGH, R.N.
HELEN STEENECK, R.N.
HELEN SANDERSON, R.N.

HEAD NURSES—SURGICAL

MARION HELLERT, R.N.
ESTHER DAVIDSON, R.N.
FRANCES HERMAN, R.N.
KATHLEEN BETHEL, R.N.
SYLVIA BARKER, R.N.

ALICE HAGGERTY, R.N.
HELEN HAWKINS, R.N.
ROSE ROSENBERG, R.N.
ANNABEL KREIDER, R.N.
HAZEL WARNER, R.N.

HEAD NURSES—PEDIATRICS

MARJORIE CORKISH, R.N.
DOROTHY REGAN, R.N.
VIRGINIA POWERS, R.N.

MARIE ROWLEY, R.N.
MARION KIMBALL, R.N.
SARA CORWIN, R.N.

HEAD NURSES—PRIVATE PAVILION

PATIENCE EARNEST, R.N.
RUTH LAUX, R.N.
ERMA LIGHT, R.N.
MARGARET EGAN, R.N.
ROSE MULLEN, R.N.
DELIA LARocca, R.N.

MIRIAM BOYD, R.N.
ELIZABETH RYAN, R.N.
RACHEL MINTER, R.N.
DOROTHY MELLOWS, R.N.
ELLEN REVTYAK, R.N.
ONALEE HANSON, R.N.

RUTH REICHEL, R.N.

HEAD NURSES—SEMI-PRIVATE PAVILION

ANNA IRONS, R.N.
MADELEINE TISCH, R.N.
THELMA ZANDLE, R.N.
LEONA WERCHOK, R.N.
DELLA BANKS, R.N.
HETTY BISHOP, R.N.

CECELIA WOODS, R.N.
MARY HILL, R.N.
GERTRUDE RICHMOND, R.N.
RUTH ROTH, R.N.
BEATRICE GRLEGG, R.N.
CATHERINE KOZNECKI, R.N.

EDITH WOODHEAD, R.N.

OPERATING ROOM ASSISTANTS

ELSIE JOHNSON, R.N.
ANNA OCHS, R.N.
LENA LEVINE, R.N.
FELIXA SULESKI, R.N.
MARGARET HALPIN, R.N.
RUTH CHEYNE, R.N.
RUTH GLASS, R.N.
RUTH BARTHEL, R.N.

LAURA COOK, R.N.
HELEN STINE, R.N.
FLORENCE DEWITT, R.N.
ADARIAN RORICK, R.N.
MARJORIE WALTERS, R.N.
HELEN KLEINWLICHTER, R.N.
OLIVE FORSYTHE, R.N.
CATHERINE MOLCHAN, R.N.

LOUISE BEUTHIEN, R.N.

SCHOOL OF NURSING

HEAD NURSES—OUT-PATIENT DEPARTMENT

LEONA KENDREW, R.N.

MARGARET FLOOD, R.N.

ROSE CROOG, R.N.

ANNA LITTLE, R.N.

MILDRED ROSENBLUTH, R.N.

ALICE WOOD, R.N.

ANNA GRIFFIN, R.N.

HEAD NURSES—SPECIAL DEPARTMENTS

HELEN MOSIER, R.N. *Radiology.*

ANNE KOCH, R.N. *Central Supply Room.*

ASSISTANTS—SCHOOL OF NURSING OFFICE

IDA TAYLOR, *Secretary to Principal of School of Nursing.*

MAE DALY, *Registrar.*

ISABEL BRADLEY, R.N., *Assistant on Records.*

OLGA ALLERS, *Assistant Registrar.*

HELEN SAYLOR, *Assistant Registrar.*

STELLA MACDONALD, *Clerical Assistant.*

MARION VONÄHNEN, *Secretary, Educational Department.*

NURSES' RESIDENCE

LILLIE DIXON, *Matron.*

ALICE WEEKS, R.N., *House Mother.*

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1918.

MILDRED POSEY, R.N., *Charge, Nurses, Infirmary.*

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1936.

HELEN SUMINSBEY, R.N., *Nurses, Infirmary.*

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1933.

RUTH CLEMENTS, B.S., *Dietitian.*

B.S., Simpson College, Indianola, Ia., 1924; Instructor Home Economics, Public Schools, Hornick, Ia., 1924-25; Instructor Home Economics, Public Schools, New York City, 1925-26; Assistant Dietitian, the Mount Sinai Hospital, New York City, 1926-29; Dietitian, Nurses' Residence, The Mount Sinai Hospital School of Nursing, New York City, 1929—.

JANE BEAIRSTO, *Information Desk.*

GLADYS WILKINS, R.N., *Information Desk.*



Fiction Library

HISTORY AND GENERAL STATEMENT

The Mount Sinai Hospital was incorporated in 1852. Its first building was a small private dwelling in 28th Street, between Seventh and Eighth Avenues, which accommodated twenty-eight patients. In 1871, the institution was moved to Lexington Avenue, between 67th and 68th Streets, where in a new and larger building two hundred patients were accommodated.

In 1904 the Hospital took possession of its present plant, consisting of ten connected buildings covering the entire block bounded by Madison Avenue, 100th Street, Fifth Avenue and 101st Street. These buildings, with a capacity of five hundred patients, soon proved inadequate. The Hospital accordingly acquired additional adjoining property and on this new site the erection of seven buildings was begun in 1914. Construction was suspended during the war, after the completion of four of these buildings, but was resumed in 1919, and in the Spring of 1922 the Hospital opened its Private Pavilion, Children's Pavilion, and Auditorium.

In 1923 and 1924 the Hospital acquired additional land fronting on Fifth Avenue, 98th and 99th Streets, and on part of the property erected an entirely new school and dormitory building, devoted exclusively to Nursing Education.

Of the eighteen buildings now occupied by the Hospital, three are devoted to out-patient work, in which more than one thousand out-patients are cared for daily. Upon the completion of the Semi-Private Pavilion, opened in 1931, the bed capacity of the Hospital was increased to more than eight hundred. The Children's Pavilion, Private Pavilion and Semi-Private Pavilion rate among the most perfectly appointed of hospital buildings. These, together with the Out-Patient Department, add to the rich and varied clinical material of the wards, all of which is available for the education of the student nurse.

The Mount Sinai Hospital School of Nursing, established in 1881, has grown steadily and is today one of the largest and best known schools in the country. In 1905, in accordance with the New York State Law enacted in that year, it was

registered by the Board of Regents of the State of New York. The School is now in its fifty-sixth year, and has graduated over two thousand nurses.

The aim of The School of Nursing is to accept well-selected applicants and then to provide them with an educational program which will direct and stimulate their growth as individuals and as professional nurses, so that they may make a satisfactory adjustment in the affairs of the world.

It is the desire of the School to maintain a standard commensurate with the unusual opportunities it has to offer and to assist in meeting the demand of the public for a complete and well-rounded education for nurses. It is a recognized fact that properly prepared nurses are an essential factor in the effort of society to deal with important social problems.

RESIDENCE

The school and residence building is one of the finest and most complete units of its kind in the world. The corridor connecting the Main Hospital and the Nurses' Residence is beautifully tiled, well-lighted and heated and terminates in a commodious lobby facing the passenger elevators. On the corridor level are located the linen and store rooms, trunk room, nurses' laundry, nurses' sewing room, and shampoo room. On the ground floor are found the kitchen and six dining rooms. The kitchen is fully equipped and entirely independent so that the Nurses' Residence does not depend on service from the main hospital kitchen.

The street entrance opens on a foyer finished in French stone. Immediately adjoining the lobby is a reception alcove and opposite this an information desk and office with telephone switchboard, post office, and buzzer signals to each room. From this foyer marble corridors lead to a library, lounge, and small reception rooms.

On the first floor in the center of the building there is a large hall for informal recreation, dancing, school theatricals and public affairs; this hall is large enough to seat approximately four hundred persons, and has a curtained stage and two small dressing rooms.

The second floor of the building is devoted wholly to teaching. There are three lecture rooms, the largest of which seats one hundred and fifty students. The large demonstration room, with utility room, linen room and kitchen is equal in size to the larger lecture room. There are separate studies for the senior and junior nurses, a teaching room for massage, and a well-equipped laboratory for the teaching of the sciences. A reference library and four offices for instructors complete this floor.

The dormitory floors, the third to the eleventh inclusive, are designed for student nurses. A few of the larger rooms are equipped for double occupancy, but approximately eighty per cent of the capacity of the home is in single rooms. For each nurse there is a built-in wardrobe closet with a section for hanging clothes and an adjoining section containing shelves and sliding drawers. There is a wash basin, medicine cabinet and long mirror in each room. Each dormitory floor has an informal sitting room for general use and a kitchenette.

The fourteenth floor is divided into three separate parts. Over the west wing there is a completely equipped infirmary, with accommodations for twelve nurses. Surmounting the center portion of the building is a gymnasium, appropriately designed, with a high ceiling and with huge windows to north and south. The east wing of the roof includes covered and uncovered sections from which one may look down on Central Park and across the Hudson to the Palisades or across the East River to Long Island Sound.



Nurses' Lounge

SCHOLARSHIPS AND SPECIAL ENDOWMENT FUNDS

The School of Nursing is unique in its possession of special endowment funds, the interest of which is used for the benefit of the student nurses. In all, these funds represent a capital of about one hundred and eighty thousand dollars, and they indicate in a most substantial manner the deep interest taken in the school by the Board of Directors and its friends.

Albert W. Scholle Memorial Fund \$40,000.00

Founded by William and Frederic Scholle as a tribute to the memory of their father, to provide a vacation and recreation fund for The Mount Sinai Hospital student nurses.

Estelle and Hugo Blumenthal Scholarship and Graduation Fund \$35,000.00

Founded by Estelle and Hugo Blumenthal to provide an annual scholarship to the student of the graduating class chosen for special fitness to advance in the profession of nursing by taking courses at Teachers' College, Columbia University. This fund also provides a prize of \$15. to each graduating student.

Emil Berolzheimer Memorial Fund \$20,000.00

Founded by Mrs. Emil Berolzheimer in memory of her husband, Emil Berolzheimer. The income to be used for higher education of students.

Murry Guggenheim Scholarship Fund \$20,000.00

Established in 1905 to provide annually twelve scholarship awards, of One Hundred Dollars each to students who have shown exceptional ability during the year. Six of these scholarships are awarded to the senior class, four to the intermediate class and two to the junior class. The Fund is administered by the Board of the School, but the selection of the students to whom prizes are awarded is in charge of the Principal of the School and her staff.

Jacques D. Wimpfheimer Memorial Fund \$10,000.00

Founded by Charles Wimpfheimer in memory of his son, Jacques D. Wimpfheimer. Any student requiring financial assistance during her course may call upon this fund.



Students' Bedroom

SCHOOL OF NURSING

Lillie Stern Scholle Pleasure Fund.....\$9,000.00

Founded by Albert W. Scholle. The income to be used largely to defray the expenses of parties, dances and social gatherings of the students.

Sick Nurses Fund\$5,000.00

Established by Directors of the School and the Trustees of the Hospital and contributed to by them from time to time, income and principal used to defray the expenses of graduate nurses and students of the School while sick and not confined in The Mount Sinai Hospital.

Mr. and Mrs. Sam S. Steiner Fund\$5,000.00

Founded by Mr. and Mrs. Sam S. Steiner in memory their beloved son, William J. H. Steiner. The income to be used for the relief of needy graduates of the School.

Carrie M. and Gustav Blumenthal Graduating Prize Fund\$5,000.00

Established by provision in the will of Gustav Blumenthal; income to be distributed annually as a prize or prizes among the graduating class in such manner as the Directors may from time to time deem advisable.

Kalman and Harriet F. Haas Fund\$3,000.00

Founded by Kalman Haas. The income to be used for the general purposes of the School.

Solomon and Betty Loeb Fund\$2,500.00

Founded by Solomon Loeb. Income to provide annual prizes to students.

Carrie Untermeyer Fund\$2,600.00

Founded by Mrs. Carrie Untermeyer. To establish an award of \$100. annually to the student graduating who has the best record for kindness and proficiency in bedside nursing.

Education Fund\$2,500.00

Founded by Mrs. Berthold Levi in memory of Berthold Levi. The income to be used for higher education of students.

THE MOUNT SINAI HOSPITAL

*Mr. and Mrs. Morris Fatman Relief Fund for
Graduate Nurses* \$2,500.00

Founded by Mr. and Mrs. Morris Fatman; income to be used for the relief of graduate nurses.

Charles A. Wimpfheimer Special Relief Fund..... \$2,500.00

Established by Charles A. Wimpfheimer in order to give emergency relief or temporary assistance to graduates of the School.

Eugene Meyer, Jr., Library Fund..... \$2,000.00

Founded by Eugene Meyer, Jr. The income to be used to supply books and magazines for the School library.

Amy C. and Fred H. Greenebaum Fund \$2,000.00

Established by Mr. and Mrs. Fred H. Greenebaum. Income to be used for an annual award to the most deserving student nurse in any class.

Isabella Freedman Fund \$1,500.00

Established by Mrs. Isabella Freedman. The income to be used for one or two awards to students in the graduating class who have shown marked ability, proficiency, and interest in their work.

Daniel Kops Prize Fund \$1,000.00

Founded by the Employees of the House of Kops in memory of Daniel Kops. The income to be applied to the awarding of a prize to the nurse who holds the best record for bedside nursing and kindness to patients.

*Pension Fund of the Mount Sinai Alumnae
Association* \$200,000.00

Established to provide pensions to nurses after many years of service.

SCHOOL OF NURSING

GENERAL INFORMATION

Requirements for Admission

Applicants for admission to the School must present credentials of graduation from a general academic course in an approved or accredited high school. The selection of applicants is confined to those who rank in the upper half of their high school class. Preference is given to those with college preparation. The High School course of study as prescribed by the New York State Education Department includes:

		UNITS
8½ UNITS	English, four years	4
	Science, two years (including biology or general science, and a second science, preferably chemistry or applied chemistry).	2
	Mathematics, one year (algebra, general mathematics or commercial arithmetic)	1
	History, one year	1
	Civics, one-half year	½
7½ UNITS	Electives. (It is recommended that at least one course in home economics be included, and two years of a foreign language.) ...	7½
	Total	16

Students desiring to apply for admission to the School should be between the ages of nineteen and thirty years, and must present definite evidence of physical and personal fitness for the work of nursing. Candidates must satisfactorily pass aptitude tests, which are helpful in determining their adaptability to nursing.

A candidate wishing to enter the School of Nursing should apply by letter or in person. Whenever possible a personal interview with applicant is desired. Appointments to meet the Principal of the School may be made either by letter or by telephone.

All candidates are required to make formal application in writing on the blanks furnished by the School. The application must be accompanied by these additional papers:

1. Personal letter, giving brief autobiographical sketch, with emphasis on educational advantages and special interests.



Main Foyer—Nurses' Residence, Looking East



Main Foyer—Nurses' Residence, Looking West

2. Two letters of recommendation from persons other than relatives, who have known the applicant for some time and can testify to her good character and qualifications for the profession of nursing.
3. A certificate of health (blank furnished by the School), based on physical examination by the applicant's own physician, and testifying to sound health and absence of physical handicaps.
A dental certificate.
4. Copy of high school and college records (blanks furnished by the School) and certificate from the State Education Department.
5. A passport photograph, unmounted. Snapshots are not acceptable.

No decision can be reached regarding the eligibility of any student until all required credentials have been completed and forwarded to the School. Those candidates who appear to be best qualified are given preference.

Detailed information concerning uniforms and other necessary equipment is forwarded to applicants after they are accepted for admission.

Credit for College Work

Applicants who have been graduated from approved colleges and who have included in their course of study the basic sciences relating to nursing education may complete the course in two years and three months provided their general average is satisfactory.

Four basic sciences should be represented in some form in the previous college work, and are as follows: biology, chemistry, sociology and psychology—one year of each is the minimum requirement. Courses in nutrition, hygiene (including child hygiene) and sanitation may be accepted as part of the biology requirement; courses in physics as part of the chemistry requirement; courses in ethics, child-psychology or education may be accepted as part of the psychology requirement.

Students entering with the nine months' credit for college work attend all lectures and classes of the School. It may be necessary, however, to shorten some of the services in practical experience on the wards.

SCHOOL OF NURSING

Length of Course

The course of theoretical and practical instruction covers a period of three years.

Sessions

Classes are admitted twice during the year, in February and in September. Candidates are expected to report promptly on the date assigned.

Religion

The School is non-sectarian and has no formal connection with any particular denomination. The students are encouraged to attend the churches with which they have been previously affiliated. Notices of church services of all denominations throughout the city are posted on the School bulletin board.

Fees and Deposits

A registration fee of fifty dollars is required of all students, payable previous to entrance. Checks should be made payable to The Mount Sinai Hospital School of Nursing.

A gymnasium fee of five dollars, payable previous to entrance, is required of all students.

A deposit of one dollar and fifty cents is required of all students for keys furnished to them for room, wardrobe and post-box. This deposit will be returned to the student when the keys are turned in to the Information Desk of the Nurses' Residence.

Students living any considerable distance from the School are required to deposit the amount of their return carfare upon arrival. This deposit is returned to the student at any time during the first year should she sever her connection with the School, otherwise it will be returned when she is granted her first year's vacation.

During the pre-clinical period the student is required to furnish her own uniforms. After the successful completion of this period the School uniform is furnished by the hospital. Text books are provided without cost throughout the entire course. All such equipment remains the property of the School and is to be returned should a student leave the School.

Room, board and laundry are provided without cost throughout the course.

After the successful completion of the first year an allowance of eight dollars a month is made to each student. The Board

of the School reserves the right at any time to reduce or eliminate this allowance should such a plan be considered desirable or necessary.

Hours of Duty

During the pre-clinical term the student is engaged in intensive study, with short periods of formal practice in the hospital under the direct supervision of the instructors in nursing arts.

For twenty weeks following her acceptance into the School the student is assigned to the hospital pavilions for clinical experience for six and a half hours a day. During the second and third year each student is on duty in the hospital eight hours a day. On Sunday and one other day each week this is reduced to five and a half hours. These hours are exclusive of classes.

Requirements of Scholarship and for Graduation

Examinations written, oral and practical are held during and at the end of the course in each subject. The passing grade of the School is 75%, which is the same as the passing grade required by the Regents of the State Education Department. Students who fail to maintain a general average of 80%, however, cannot be considered as meeting the required scholarship grade, and may be requested to withdraw from the School. The diploma and pin of The Mount Sinai Hospital School of Nursing will be conferred upon those students who have satisfactorily completed the course in theory and practice.

Vacation and Other Absences

A period of four weeks vacation is allowed each student twice during the three year course; i. e., end of first and second years.

Students will not be excused during the course to nurse relatives at home, or for other personal reasons. Time lost through illness or other cause is required to be made up. In the event a student is obliged to be away from the School for a period exceeding four weeks, the date of her return, and her class standing at that time, will be determined by the Principal of the School.

Citizenship

The New York State Department of Education has made the following ruling:

"Every person admitted to the examination for license as registered nurse in September, 1934, and thereafter, must submit evidence that she is a citizen of the United States, or has declared her intention of becoming such a citizen."

This means that no student completing the course would be eligible for employment as a nurse in New York State unless she met the above requirement.

Acceptance and Dismissal of Students

The Principal of the School, with the approval of the School of Nursing Board, decides as to the student's fitness for the work and whether the student in the preliminary course should be retained. They reserve the right at any time to terminate the student's connection with the School for inefficiency, misconduct, neglect of duty, or failure to develop qualities essential for the profession of nursing.

Registration

Graduates of The Mount Sinai Hospital School of Nursing who successfully pass the examinations prescribed by the New York State Board of Regents, are eligible for registration in the State of New York, or any other State which has reciprocity with New York State. They are also eligible for membership in the Alumnae Association of this School of Nursing, which further entitles them to membership in the District, State, and American Nurses' Associations. They are also eligible for membership in the Red Cross Nursing Service.

Registry

The Mount Sinai Hospital School of Nursing maintains its own registry for graduates of the School who desire to be enrolled for private duty nursing. Thus employment for our graduates is facilitated.

How To Reach School Residence

Applicants who wish to apply in person, but who are not familiar with the city, can reach the School or Hospital by means of the Fifth Avenue Buses (Nos. 2, 3 or 4), or the Madison Avenue Buses.

All baggage should be plainly addressed with name in full, care of The Mount Sinai Hospital School of Nursing, 5 East 98th Street, New York City, and should be sent prepaid.



Gymnasium Class

HEALTH REGULATIONS AND HEALTH SERVICE

The health of the student nurses is one of the chief concerns of those in charge of the School. All applicants must present a record of good health and a certificate showing successful vaccination against smallpox within three years before admission to the School. A physical examination is given by the School physician when the applicant reports to begin her course in nursing education. A chest X-ray is taken at this time and this is repeated at the time of the annual physical examinations. Immunization treatments for protection against communicable diseases are given during the preliminary period.

The students' feet are examined by an orthopedic surgeon who prescribes the type of shoes to be worn. Since this examination is made within a few days after the admission of students, candidates are advised to postpone buying shoes for use while on duty until after their arrival at the hospital.

Special attention is given to the matter of normal weight and a monthly weight record is kept of all students. Any deviation from normal weight is given careful consideration.

The School of Nursing maintains a health service for its students. A well-equipped infirmary with necessary staff, is provided in the Nurses' Residence. All students when ill are cared for by the physicians to the School, who are members of the staff of the hospital. For illness of short duration the expense of medical care given the student is taken care of by the School.

Generous provision has also been made for the care during illness of nurses who have graduated from The Mount Sinai Hospital School of Nursing. This includes a room in the hospital endowed for their use.



Open Roof

STUDENT ACTIVITIES AND SOCIAL ADVANTAGES

The School supports a complete department of physical education under a special instructor and assistants, as a means of offering broader education to students of nursing in opportunities for intelligent self-direction toward a richer, fuller life. The program includes instruction in the fundamentals of good body mechanics, modern folk, tap and social dancing, and such sports as swimming, tennis, badminton, basketball, volleyball, shuffleboard, pingpong and other games. The program extends into recreational pursuits and motivates individual interests in art, music and the drama, under an elective credit system.

Under the direction of this department and student leadership there is a Recreation Athletic Club Association, which promotes individual interests in the Glee club, current events and book reviews, picnics, hobbies and the various sports groups.

The facilities for the program include a spacious, well equipped gymnasium with a roof extending from it, on the fourteenth floor of the Residence, and three tennis courts on the premises are available for the use of the students.

A Trustee of the School has established a "Pleasure Fund," the income of which is used for the entertainment of the students. Dances are given during the year to which the nurses have the privilege of inviting their friends. The commencement exercises are followed by a reception and dance given in honor of the graduating class.

The Student Council consists of the officials of each class, together with six other representatives of the student body. The social activities given in the Nurses' Residence are in charge of this Council and a special faculty committee.

New York City offers many points of interest and instruction with a variety of opportunities for the enjoyment of art and music. Students of the School are encouraged to use these opportunities for the cultivation of intellectual interests.

Library Facilities

An up-to-date fiction library of over fifteen hundred volumes, together with a supply of current magazines and daily papers,



One of the Kitchenettes in the Residence

is open at all hours to the students of the School. The reference library has been placed on the educational floor for the convenience of instructors and students and contains over one thousand well-selected volumes.

Loan Fund

A student loan fund may be drawn upon by any nurse with a satisfactory school standing who may need financial assistance during her nursing course.

EDUCATIONAL FACILITIES

A very generous space in the Nurses' Residence is set apart for educational purposes. The area of the principal classroom floor is 12,000 square feet. This is exclusive of the large assembly hall, and of the classrooms of the department of nutrition which are in the hospital proper, adjoining the Special Diet Kitchen. There are four general class or lecture rooms, the largest of which can seat 150 students. The nursing laboratory is of equal size, and is completely equipped for teaching practical nursing to students; the science laboratory is well equipped, spacious and airy. There are two studies, one for the junior and one for the senior students, an up-to-date reference library, massage and bandage teaching classrooms, and offices for the instructors.

The nutrition department, also modern and well equipped, comprises a large science or cookery classroom, a general classroom, a diet kitchen and a dietitian's office.

The educational department is furnished throughout with the latest and most scientific equipment. Every opportunity and encouragement is given the student nurse to prepare herself to be a worthy representative of the nursing profession.

It is of the greatest importance to every school of nursing that the hospital with which it is associated shall be in a position to afford the fullest opportunity for comprehensive and thorough nursing education. The Mount Sinai Hospital, with its more than eight hundred beds, offers exceptional advantages in every respect to students of the School of Nursing. Students who



Large Lecture Room

enroll for the course are assured of excellent and varied clinical experience in medicine, surgery, pediatrics, gynecology and neurology—in addition to the Out-patient Department and other special services. Each student nurse receives theoretical and practical experience in obstetrics by affiliation with the Sloane Hospital for Women, one of the units of the Columbia-Presbyterian Hospital Medical Center. Through affiliation, the opportunity is afforded for elective service in psychiatric nursing at the Westchester Division of the New York Hospital, and in district nursing at the Henry Street Settlement. Elective courses are also given in the Social Service Department, and by special arrangement in other hospital departments.

THE CURRICULUM

Pre-clinical Period

The first twenty-four weeks constitutes the pre-clinical course, which is a period of intensive study, and also a time of adjustment. During this time students are given instruction in the principles and techniques of nursing practice, together with courses in the sciences essential to an understanding of nursing.

At the beginning of the eighth week the students are placed, for short periods daily, on the hospital wards in order that they may practice under the instructors' supervision the procedures taught in the classroom.

Second Term of First Year

This period is divided into two "blocks" i. e., medical and surgical. Ten weeks experience is given in each block. Classes specifically related to the nursing care of surgical patients are given to the students while on duty on the surgical wards, while classes in nursing care of medical patients are given to the students while on duty in the medical wards.

Second Year

The students are assigned during this year to the general medical and surgical wards, the children's department, diet therapy laboratory, operating rooms, out-patient department, and for obstetric affiliation.



Reference Library

SCHOOL OF NURSING

Third Year

During the third year, the students are assigned to the general and special wards, which include neurological, gynecological and urological.

During this year opportunity for elective work in district nursing, social service, psychiatric nursing and other specialties are given on the basis of scholastic standing and nursing achievement.

PROGRAM OF STUDY

SUBJECTS	HOURS
Anatomy and Physiology	105
Chemistry	45
Microbiology	60
Materia Medica	30
History of Nursing	15
Ethics of Nursing	15
Nutrition and Cookery	45
Diet Therapy	30
Nursing Principles and Practice	195
Personal Hygiene	15
Physical Education	30
Psychology	15
Introduction to Medical Science	30
Medical Nursing	60
Surgical Nursing, including Gynecology	75
Advanced Nursing	30
	795

SECOND YEAR

Operating Room Techniques	45
Nursing in Diseases of Eye, Ear, Nose and Throat	15
Nursing of Children	45
Nursing in Communicable Diseases	30
Obstetric Nursing	60
	195



Science Laboratory

SCHOOL OF NURSING

THIRD YEAR

	HOURS
Psychiatric Nursing	30
Modern Social Problems	30
Community Hygiene and Public Health	15
Professional Adjustments of the Graduate Nurse	15
	<hr/> 90
Ward Teaching during the three years	200
	<hr/>
Total Hours	1,280

SUMMARY

	CLASS & LAB. HRS.	APPROX. PRACTICE	TOTAL HOURS
First Year	795	1,301	2,096
Second Year	195	2,398	2,593
Third Year	90	2,602	2,692
Ward Teaching during three years	200	200
	<hr/>	<hr/>	<hr/>
Total	1,280	6,301	7,581

The program of study does not include the hours of instruction given in the special electives. These are as follows:

	HOURS
Psychiatric Nursing, New York Hospital, Westchester Division.....	150
Visiting Nursing, Henry Street	60
Social Service, Mount Sinai Hospital	20



Nursing Arts Laboratory

DESCRIPTION OF COURSES

Anatomy and Physiology

This course is designed to give a knowledge of both the microscopical and gross structure and function of the human body; to give an appreciation of its efficiency through factors which adjust their functions to each other in relation to the well-being of the whole; to acquire the ability to apply physiological principles and to form the basis for subsequent courses related to nursing.

Fresh animal specimens and the fetal pig are used for dissection.

Lecture-demonstration, class discussion and
laboratory 105 Hours

Chemistry

A study of inorganic, organic and physiological chemistry as it is applied to physiology, microbiology, nutrition, materia medica and other nursing subjects.

Lecture-demonstration, class discussion and
laboratory 45 Hours

Microbiology

A study of the principles of microbiology and the practical application of the science to nursing in order to give to the student nurse an appreciation of the part which micro-organisms play in the living world; to teach the methods and common agents which may be used effectively to inhibit their growth or to actually destroy them, their destructive effects in the body and how the body builds up its own resistance; methods of establishing artificial resistance, and the relationship of the different micro-organisms to certain specific diseases.

Lecture-demonstration, class discussion and
laboratory 60 Hours

Materia Medica

The study of drugs from the standpoint of their therapeutic action, emphasizing the accurate and intelligent administration of medicine, observation and report of results. Every effort is made to furnish the nurse with sufficient knowledge about the therapeutic action of drugs to enable her to cooperate intelligently with the physician in securing desired results and to familiarize her with toxic drugs and doses.

Lectures, class discussions, demonstrations of
drugs and laboratory 30 Hours

History of Nursing

A survey of the history of nursing tracing its development from the earliest beginnings to the present, and its progress under religious, military and secular influences. The course is designed to give the student a fuller appreciation and helpful inspiration by familiarizing her with the traditions and ideals of those leaders who have devoted their lives to nursing.

Lectures and class discussion 15 Hours

Nursing Ethics

A general consideration of fundamental ethical and philosophical principles and their application to problems which arise in the practice of nursing. The course helps the student adjust to her new environment and enables her to better realize her obligations to associates, patients, physicians, to the School and to the community which she will serve.

Lectures and class discussion 15 Hours

Nutrition and Cookery

This course aims to teach the student the principles of nutrition and preparation of food as they apply to herself, her patient, the family; to give her an understanding of the basic principles involved and their application in promoting growth and maintaining health in the feeding of normal people.

Lecture, class discussion and laboratory 45 Hours

SCHOOL OF NURSING

Diet Therapy

This course aims to give the student an appreciation of the importance of dietary modifications in the treatment of disease; to prepare her so she may apply these principles in the necessary modifications of the normal diet; to give her practice in preparing and serving food in such a way as to secure maximum results from dietary treatment.

Lecture, class discussion and laboratory 30 Hours

Nursing Principles and Practices

This course is intended to develop a sound understanding of the scientific principles underlying all nursing procedure, to aid in their application, to stimulate a sympathetic interest in the patient, to develop manual dexterity and to establish intelligent ability to deal with all nursing duties or problems.

Instruction in the principles and practices of nursing begins in the preliminary course and extends in various forms both in the classroom and in careful supervised practice on the wards throughout the entire three years.

Lecture-demonstration, class discussion and
laboratory 195 Hours

Personal Hygiene

This course is studied in connection with the health examinations which are given to each student when she enters the School. These examinations are explained by the various physicians who have given them and are correlated with the students own health and health problems in building up an understanding of the importance of mental and physical health particularly as it is related to the life of a nurse and is reflected in her work.

Lectures and class discussion 15 Hours

Physical Education

The aim of the course is to provide opportunities in physical education activities to meet individual needs and interests. Special emphasis is given to corrective gymnastics. Activities offered for class work and recreation are: dancing, swimming, tennis, gymnasium games such as basketball, volley ball, badminton, ping pong, etc.

30 Hours



Children's Ward

SCHOOL OF NURSING

Psychology

This course aims to give the student an insight into human behavior and the principles involved in habit formation and personality adjustments that she may develop a helpful and sympathetic attitude toward her patient in his adjustment to his illness; and to aid the student in a better control of her own personal and professional relationships.

Lectures and class discussions 15 Hours

Introduction to Medical Science

This course is given as a background to medical nursing and discusses the relationship of sanitary sciences (water supply, ventilation, disposal of wastes, protection of food supply, etc.), to health. It also includes a consideration of elementary pathology which deals with the various changes taking place in the body as the result of disease and emphasizes the importance of the measures most frequently used in clinical diagnosis.

Lectures and class discussion 30 Hours

Medical Nursing

This course deals with the medical aspects of disease, the causes, sources of infection, symptoms, preventive and curative treatment. Classes and ward demonstrations by the medical ward instructor correlate the nursing care of the conditions discussed in the doctor's lectures.

Lectures, ward clinics, discussion and demonstrations 60 Hours

Surgical Nursing including Gynecology

This course presents the surgical aspects of disease, the principles of surgical techniques and discusses the signs and symptoms that should be observed both before and after surgical intervention. Emphasis is placed on the nursing care of surgical patients and the techniques of surgical asepsis.

Lectures, class discussion, surgical ward clinics and demonstrations 75 Hours

THE MOUNT SINAI HOSPITAL

Advanced Nursing

This course includes demonstrations and discussions of advanced nursing practices which are applied to specific medical and surgical conditions such as assisting the physician with pneumothorax, blood transfusion, encephalogram, etc.

Lecture-demonstration and discussion 30 Hours

Operating Room Technique

This course provides for an understanding of the principles of operative aseptic technique, the use of operating room equipment, the preparation of the patient for anesthesia and operation; and to develop skill and intelligent response in assisting the surgeon during operations and in emergencies.

Lecture-demonstration 45 Hours

Nursing in Diseases of the Eye, Ear, Nose and Throat

This course consists of a review of the anatomy of the eye, ear, nose and throat and descriptions of the common diseases of these structures including the treatment and nursing care. Special stress is placed on the preventive aspects of diseases of the eye, ear, nose and throat.

Lectures and clinics 15 Hours

Nursing of Children

This course discusses the growth and development of the normal child, infant feeding, and the diseases of infancy and childhood and their management. Special emphasis is placed on the infant welfare and the preventive aspects of infant morbidity and mortality.

Lecture-demonstration and class discussion 45 Hours

Nursing in Communicable Diseases

A study of communicable diseases with emphasis placed on the early recognition of symptoms and of preventive treatment, isolation technique and nursing care. This course also includes a study of the more common diseases of the skin, considering their social significance and the importance of intelligent and sympathetic nursing care.

Lectures, skin clinic, class discussions and demonstrations 30 Hours

SCHOOL OF NURSING

Obstetric Nursing

The course of instruction deals with normal and pathological pregnancy, the management of normal and abnormal labor and the necessary care during the normal and abnormal puerperium. The course prepares the student to advise and instruct mothers in the care of their own health before and after child birth and teaches her to adapt hospital procedures to the home. The training is given at the Sloane Hospital for Women.

Lectures, and clinics by obstetrician, classes and demonstrations in maternity wards, delivery rooms and nurseries 60 Hours

Psychiatric Nursing

This course deals with a study of psychopathic and neurological conditions, their causes and treatments, emphasizing the relationship between mental and physical illness and the importance of developing an intelligent attitude toward mentally ill patients.

Lectures, class discussions and demonstrations..... 30 Hours

Modern Social Problems

Special lecturers discuss relief and care of dependents, crime prevention, housing, social and economic aspects of disease, racial and other sociological problems. Prevention of sickness, the promotion of health and the available agencies in home and community which may be used toward those ends are considered.

Lectures, discussions and conferences 30 Hours

Community Hygiene and Public Health

This course deals with the aims and scope of Public Health activities and other social and health organizations in the community and stresses the nurses responsibility in the public health program.

Lectures and class discussion 15 Hours

Professional Adjustments of the Graduate Nurse

The object of this course is to introduce the student nurse to the varied branches of nursing through a general survey of nursing in order that she may select with greater intelligence the particular field in which she is likely to find the greatest interest and success; to give her knowledge of the nursing organizations, the results of recent surveys of the nursing profession, and an opportunity to learn the trends and advances in the profession.

Lectures 15 Hours

ADVANTAGES OF THE NURSING PROFESSION

The study of nursing brings further opportunities for education. During the course the student gains a knowledge of life, of health, and of the prevention of disease. This should make every graduate nurse a valuable member of her community.

A nursing education is an excellent preparation for the woman who may some day be responsible for the administration of her own home and the upbringing of her children.

In no other line of work for women in the world is there greater opportunity from which to choose. The opportunities are presented in four main fields:

- Private Duty Nursing.
- Executive Nursing Work in Hospitals.
- Public Health Nursing.
- Nursing in Other Special Fields.

Private duty nursing in a home or in a hospital may be full time with one patient, or group nursing with several patients. There is still a demand for such work, but it must be remembered that this form of nursing, unlike some of the other branches of nursing work, does not usually offer opportunity for advancement as the years go by.

SCHOOL OF NURSING

To the graduate registered nurse having exceptional ability and willing to continue her education, broad and interesting opportunities are presented in the field of executive work, some of which are enumerated:

- Dean or Principal of Schools of Nursing.
- Superintendent of Nurses.
- Educational Director.
- Superintendent of Hospitals.
- Supervisor of Special Departments.
- Head Nurse of Special Departments.
- Instructor in Sciences in Schools of Nursing.
- Instructor in Nursing Arts in Schools of Nursing.
- Social Service Worker.
- Social Director in Schools of Nursing.

Among attractive Public Health opportunities are:

- Settlement or District Nursing.
- Infant and Children's Welfare Work.
- Industrial Nursing.
- Rural or Community Nursing.
- School Nursing.
- State and Municipal Health Department Nursing.

Other attractive special fields of nursing activity are:

- Red Cross Nursing.
- Federal Nursing Services.
- Missionary Nursing.
- Resident Nurse—School or College.
- Doctor's Office Nurse.

ALUMNAE ASSOCIATION

The Mount Sinai Hospital Alumnae Association was organized in 1893. It has a three-fold object: to promote fellowship among its members, to improve the professional work of the graduates, and to care for the members when ill.

After many years of successful existence the Association has a membership of over seven hundred. Meetings are held monthly during nine months of the year, in the Nurses' Residence.

The Association is affiliated with the County and State organizations, as well as with the American Nurses' Association.

Through the generosity of friends of the School, a comfortable room known as the "Alumnae Room" has been endowed in the hospital, where graduates of the School may have the advantage of skilled medical and nursing care.

Provision for old age is another problem which has received attention. With the assistance and advice of the Directors of the School of Nursing a Pension Fund, which now amounts to approximately two hundred thousand dollars, has been established. The income is applied to the payment of pensions to those who are eligible.

The Association publishes a monthly bulletin containing the minutes of each meeting, items of interest to the graduates, and special medical and surgical articles.

The Association desires to interest the student nurse in Alumnae affairs from the beginning of her course to the time of her graduation. The members realize that only in this way can its ranks be strengthened and the scope of its work broadened.

SPECIAL ADVICE TO CANDIDATES

Candidates should select most carefully the school in which they desire to study. They should always seek to enter the best school to which their qualifications entitle them.

The good schools are those which offer varied opportunity in clinical experience, and sound instruction in theory. To give the necessary variety of experience the hospital connected with the school should care for at least one hundred bed patients every day. In these schools are found the better prepared instructors, well-equipped classrooms, reasonable hours of duty, good living conditions, and a well-organized health and recreational program.

In a state or country where nurses are registered it is important for the candidate to select a school approved by the State Board of Nurse Examiners, in order that she may obtain professional recognition.

